

TESTIMONIALS

"The Spearhead Health team is exceptional and they have an all hands on deck approach to helping people with mental illness. They are genuinely caring professionals who have a deep interest and a true desire to help people navigate the trials and tribulations that are part and parcel with mental health. They have always been there for me through thick and thin and their support in helping me cope with my mental illness has been invaluable. I have struggled with Bi-Polar 1 disorder for decades of my life and could not stay consistent with my medication, mood, or functioning in the world. After a year of support, my life has transformed in ways I never thought were imaginable. They were always available for support 24/7 on a whims notice. I would highly recommend Dean, Ryan, and the entire Spearhead Health team to anyone who is struggling with a mental illness."

T.B - past participant

"Look no further if you need a helping hand! Words cannot express how grateful I am to Ryan, Dean, and the entire Spearhead Health team. They are so caring and thoughtful. Trust me when I say I spoke to so many different people before I found them. I felt so alone trying to get help for a loved one. They are personal hand holders and have treated me like family. They continue to check in and send me contacts and resources in my state. Do not hesitate to reach out to them. They are very knowledgeable regarding the complexity of mental health struggles and have provided a multitude of solutions for my family."

-Kim D, Mother of participant, NYC

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THERE ARE MANY PATHS TO THE
TOP OF THE MOUNTAIN

SPEARHEAD HEALTH



CUSTOMIZED CARE PLANS FOR A HEALTHIER FUTURE

CONSULTING • INTERVENTIONS • CARE MANAGEMENT • COACHING
AT HOME CARE • MENTAL HEALTH & RECOVERY COMPANIONS • TRANSPORTS

WHO WE ARE

Spearhead Health is a concierge group of mental health and addiction professionals. We support individuals and their families through every stage of the recovery process, offering a direct, individualized, and multifaceted style of care. In each case, our team creates a specialized plan of action around the presenting issues to aid in navigating the complex process of achieving balanced mental health and recovery.

We work with:

- Primary mental health
- Primary substance use
- Dual diagnosis

Services we provide:

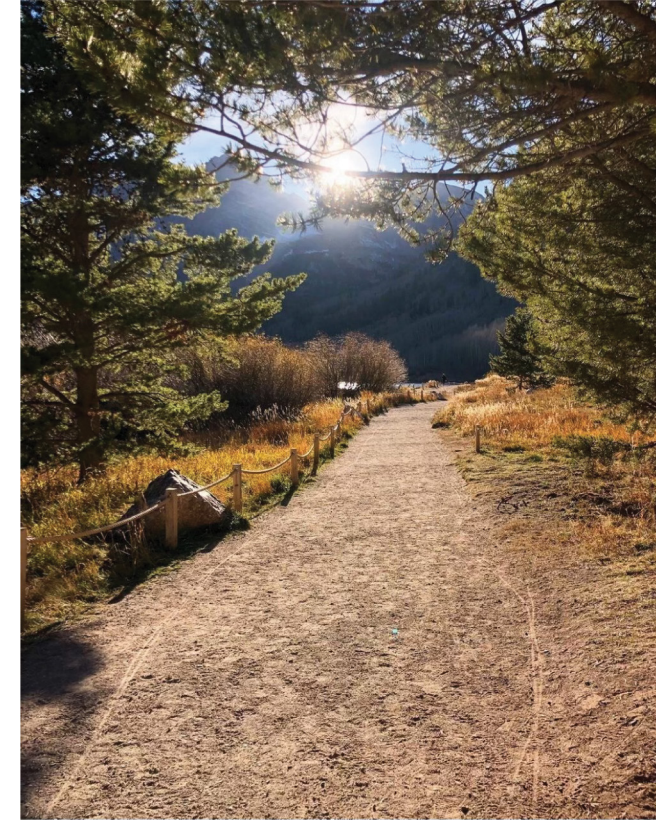
- Family Consulting
- Interventions
- Treatment Placement
- Care Management
- Recovery Coaching
- Recovery Companions
- In-home care and home-detox
- Young adult mentoring
- Transports

CRISIS  STABILIZATION  MAINTENANCE  INDEPENDENCE

Our intent is to lead individuals and families towards a path of healing and a sense of fulfillment that is sustainable. We place a heavy emphasis on our 4 pillars of wellness: Physical, Community, Emotional, and Spiritual wellness. Spearhead Health understands how unique each person's road to recovery is, and why a personalized strategy is important. We apply our 7 core values to our collective decision making, and to our process as a whole.

OUR PHILOSOPHY

At Spearhead Health, our philosophy aligns with our core values: Love, Connection, Community, Honesty, Collaboration, Humility, Accountability. We utilize these principles in our decision making internally and externally. Our team members, clinicians, coaches, and providers work within these parameters. We believe that everyone has a seat at the table, including the participants and families that we help. We remain integrative, open-minded, and solution driven in our approach to recovery and overall wellness. As we usher in a new decade, we understand that the recovery and mental health landscape is changing. We are here to find the best path for you, and we will tirelessly explore all of the options and resources available to us.



MESSAGE FROM FOUNDERS



“Having both had our own struggles throughout life's journey, we feel honored to stand in a place of support to help others that are now experiencing their own difficulties. We believe that no one is too far gone or hopeless, and we are committed to helping individuals and families find a path of healing and recovery that is sustainable. Little by little, day by day, we strive to be a part of the miracle of recovery that we have seen firsthand in our own lives and the lives of countless others.”

-Ryan Gartrell & Dean Moses