

HEALING
HAPPENS
HERE.

SPEARHEAD  HEALTH

WELCOME TO **SPEARHEAD HEALTH.**

We are a concierge care management organization committed to providing exceptional support to families and individuals affected by mental health and substance abuse challenges. Our mission is to guide and empower our clients on their path to recovery, wellness, and a fulfilling life.

By collaborating with professionals, we aim to create a seamless network of support and care.

We value your expertise and insights, and we recognize the vital role you play in the lives of our shared clients.

Together, we can make a significant difference in helping individuals and families overcome the obstacles they face, and achieve lasting recovery and wellness.

ABOUT US

Spearhead Health was founded with the vision of providing personalized, client-centered care to individuals and families seeking recovery and wellness.

We believe everyone's journey is unique and live by the motto, *"There are many paths to the top of the mountain."*

We prioritize viewing the entire family as our client, rather than solely focusing on the individual of concern.

Our experienced team of professionals are passionate about making a difference in the lives of our clients and hold diverse backgrounds in addiction and mental health treatment, intervention protocols, and care management, bringing a wealth of knowledge and expertise to each case.

We take pride in our commitment to ongoing education and professional development. Our affiliations within our field provide us with access to innovative research, resources, and best practices, enabling us to deliver the most effective care to our clients.

We collaborate closely with our network to ensure seamless coordination of care, and provide comprehensive support to our clients. Our reputation for trustworthiness, professionalism, and effective collaboration has established us as a preferred partner within the addiction and mental health care community.



OUR SERVICES



Intervention

Our intervention service is a crucial first step in helping individuals who are resistant to seeking help. Led by experienced interventionists, we assemble a caring and supportive team of family members, friends, and professionals to address the individual's behavior and motivate them to take steps towards getting the appropriate care.



Care Management

Our care management service is designed to provide comprehensive support and advocacy for individuals and families navigating the complexities of mental health and substance use disorders. Our highly skilled care managers work closely with clients, their families, and healthcare providers to ensure seamless coordination of care.



Recovery & Life Coaching

Our recovery and life coaching service focuses on empowering individuals to create and maintain a balanced, fulfilling life in recovery. Our skilled coaches provide personalized guidance, assisting clients in setting goals, developing healthy coping strategies, creating new hobbies, and navigating life challenges.



Mental Health & Recovery Companions

Our Mental Health & Recovery Companion Service offers dedicated support during critical phases of the recovery process. Our trained companions are able to provide 24/7 assistance, ensuring safety, accountability, and emotional support.



Treatment Placement

Our treatment placement service involves thorough assessments and personalized recommendations for suitable mental health and addiction resources. We work closely with clients, their families, and a network of reputable treatment providers to find the best fit.



Family Coaching & Consulting

Our family coaching service prioritizes the vital role of family involvement in the healing process. We offer dedicated family coaches to facilitate and support various aspects, including psychoeducation, coaching, counseling, resource identification, boundary setting, fostering healthy communication patterns, and promoting mindfulness techniques.



Safe Transport

Our Safe Transport service ensures safe and secure travel for individuals in high-risk situations. Whether transitioning to treatment, attending events, visiting home, or traveling to court dates, our trained Travel Companions provide professional oversight. We help individuals reach their destination safely, offering vital support during vulnerable moments.

COLLABORATION OPPORTUNITIES

At Spearhead Health, we believe in the power of collaboration and recognize the vital role that individuals like yourself play in the lives of our shared clients. We hold a high regard for the expertise and insights you bring to the table, and we are committed to establishing strong partnerships based on open communication, mutual respect, and a shared goal of providing exceptional care.



Open Communication

We maintain open and transparent communication channels with our referral sources, ensuring that vital information flows seamlessly. By encouraging ongoing dialogue, we respect and integrate your input, creating a dynamic partnership focused on the best outcomes.



Regular Updates

We understand the importance of keeping our referral sources informed about the progress and well-being of the clients we share. We provide regular updates on the client's treatment journey, milestones achieved, and any challenges or adjustments to the care plan. Our commitment to regular updates ensures that you remain actively involved and can provide the best support to our shared clients.



Collaborative Treatment Planning

We prioritize clear and transparent communication with our referral sources, fostering a cooperative approach to treatment planning. Your insights are invaluable to us, and we work to create a collaborative environment where your feedback shapes and enhances our shared objectives.

WHY PARTNER WITH US?

We value our partnerships with referral sources and are committed to building strong, long-lasting relationships. Together, we can make a significant difference in the lives of individuals and families affected by addiction and mental health challenges.



◆ EXPERTISE

At Spearhead Health, we bring together nearly 100 years of combined experience in supporting individuals and families affected by mental health and substance abuse challenges. Our team includes skilled care managers, interventionists, recovery coaches, and counselors, each of whom has both the educational background and personal experience to offer compassionate and informed guidance. We work collaboratively with therapists and other professionals, complementing their efforts to ensure comprehensive and seamless support for those we serve.

◆ TAILORED SOLUTIONS

We understand the unique needs and expectations of families facing mental health and substance use challenges. Our services are designed to cater to the families' specific circumstances, providing a blend of personalized care, discretion, and access to high quality treatment options.

◆ NETWORK & RESOURCES

With our established network of therapists, medical doctors, and treatment providers, we have the resources and connections to provide comprehensive support to our clients. We work collaboratively with these professionals to ensure a seamless continuum of care.

◆ POSITIVE CLIENT OUTCOMES

Spearhead Health has a proven track record of achieving exceptional client outcomes. Our evidence-based approach, combined with personalized care, empowers individuals to achieve lasting recovery and wellness. We are proud of the positive transformations we have facilitated and the lives we have impacted through our collaborative efforts.

A FEW TESTIMONIALS

"Ryan and Dean are true life savers. **They helped me start a life that's worth living.** I first was introduced to Ryan and Dean last year, as a 20 year old with a dual diagnosis I didn't want anything they had to offer. By putting so much time and effort into me I realized, they truly do care! To this day I still call them and ask them for advice, even with their busy schedules they make time for me. Two of the most amazing and purely genuine people I know. Thank you for saving my life." - **Eli B, Alumni**

"I have worked extensively with the team at Spearhead Health over the last several years. **The entire team is extremely professional, empathetic, knowledgeable and responsive.** They are always available, and jump at the chance to help. It is such a pleasure to work with the Spearhead group. I cannot recommend them enough."

-**Dr. Damon Raskin, MD, Referral Partner**

"Look no further if you need a helping hand! Words cannot express how grateful I am to Ryan, Dean and the entire Spearhead Health team. They are caring, thoughtful and genuine. **Trust me when I say I spoke to so many different people before I found them. I felt so alone trying to get help for a loved one.** They are personal hand holders and have treated me like family. They continue to check in and send me contacts and resources in my state. Do not hesitate to reach out to them." - **Kim D, Mother of Alumni**



Spearhead Health Founders

Ryan Gartrell, CADIC, CIP
Dean Moses, CADIC

CONTACT US

We are humbled by the opportunity to make a difference and are dedicated to continuing our mission of supporting individuals and families affected by addiction and mental health challenges.

We encourage you to reach out to us with any questions, inquiries, or to discuss how we can work together to support our shared clients. We look forward to the opportunity to connect and discuss how Spearhead Health can support the individuals and families you serve.

Contact Information

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